Item 1 - Cover Page

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This brochure supplement provides information about James R. Lingle Jr that supplements the TLG Advisors, Inc. Brochure. You should have received a copy of that brochure. Please contact TLG Advisors, Inc. if you did not receive TLGA's brochure or if you have any questions about the contents of this supplement.

Additional information about James R. Lingle Jr is available on the SEC's website at www.adviserinfo.sec.gov.

Item 2 – Educational Background and Business Experience

Mr. Lingle was born in 1953. He received his BS in Accounting from Clemson University. From 2015 until 2020 he worked as a registered representative at Pruco Securities, LLC. In 2010 he opened iFinancial

Insurance Group, and became the director of First Reliance Bank. In 2014 he opened Financial Services Consulting Inc.

Item 3 - Disciplinary Information

Registered investment advisers are required to disclose all relevant facts about any legal or disciplinary issues that you need to know about before deciding to invest your money with them. Mr. Lingle has no such issues on his record.

Item 4 - Other Business Activities

Mr. Lingle sells commission-based products (such as insurance or annuities) as a registered representative of Simplicity Investments, Inc., a FINRA-registered broker-dealer. He's the owner and CEO at Financial Services Consulting Inc and iFinancial Insurance Group. Mr. Lingle is also the Director at First Reliance Bank in Florence, SC.

Item 5 - Additional Compensation

Mr. Lingle provides investment-planning advice to his customers on a fee basis. If you were to purchase a commission-based product from him, he will explain how he is paid and how it differs from a fee-based transaction. In addition, he may receive compensation from the activities detailed in Item 4 above.

Item 6 - Supervision

We supervise our investment advisor representatives in the following ways:

- Compare activity in your account with your investment objectives;
- Ensure that your financial information and investment objectives have been recorded;
- Confirm that you are contacted annually to find out if there are any changes in your financial information or investment objectives;
- Verify that you receive quarterly statements;
- Make sure your advisory fees are being charged correctly;
- Ensure that we comply with your wishes concerning directed brokerage arrangements;
- Check to see if you are invested in securities that don't match your risk tolerance.

Advisory representatives are supervised by Jane Riley, TLG Advisors, Inc. Chief Compliance Officer. She may be reached at 303-500-8943, or compliance@tlgadvisors.net.