



Item 1 - Cover Page

J. Garrett Rowe

409 Hunter Loop

Bertram, TX 78605

512-589-0103

garrett.rowe@leadersgroup.net

TLG Advisors, Inc.

475 Springfield Ave, Suite 1

Summit, NJ 07901

888-371-0013

www.tlgadvisors.net

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This brochure supplement provides information about John Garrett Rowe that supplements the TLG Advisors, Inc. Brochure. You should have received a copy of that brochure. Please contact TLG Advisors, Inc. if you did not receive TLGA's brochure or if you have any questions about the contents of this supplement.

Additional information about John Garrett Rowe is available on the SEC's website at www.adviserinfo.sec.gov.

Item 2 – Educational Background and Business Experience

Mr. Rowe was born in 1990. He attended Texas A&M University. From 2019 until 2025 he was a Registered Representative with Equitable Advisors. He's also the Owner of A Sling and A Stone, a Registered Investment Advisor. In 2025 he joined The Leaders Group, Inc. as a Registered Representative and TLG Advisors, Inc. as an Investment Advisor Representative.

Item 3 - Disciplinary Information

Registered investment advisers are required to disclose all relevant facts about any legal or disciplinary issues that you need to know about before deciding to invest your money with them. Mr. Rowe has no such issues on his record.

Item 4 - Other Business Activities

Mr. Rowe sells commission-based products (such as insurance or annuities) as a registered representative of The Leaders Group, Inc., a FINRA-registered broker-dealer. He's also the Owner of A Sling and A Stone, a Registered Investment Advisor. He also may sell other insurance products through Simplicity.

Item 5 - Additional Compensation

Mr. Rowe provides investment-planning advice to his customers on a fee basis. If you were to purchase a commission-based product from him, he will explain how he is paid and how it differs from a fee-based transaction. In addition, he may receive compensation from the activities detailed in Item 4 above.

Item 6 - Supervision

We supervise our investment advisor representatives in the following ways:

- Compare activity in your account with your investment objectives;
- Ensure that your financial information and investment objectives have been recorded;
- Confirm that you are contacted annually to find out if there are any changes in your financial information or investment objectives;
- Verify that you receive quarterly statements;
- Make sure your advisory fees are being charged correctly;
- Ensure that we comply with your wishes concerning directed brokerage arrangements;
- Check to see if you are invested in securities that don't match your risk tolerance.

Advisory representatives are supervised by Jane Riley, TLG Advisors, Inc. Chief Compliance Officer. She may be reached at 888-371-0013, or compliance@tlgadvisors.net.